



LOCAL RIDE RACING



2009

Team News - July 15, 2009

Photo: Dave Silver Riders: Sandra leads Steve on Day 6 of BCBR.

First off, we'd like you to join us in congratulating LRR's very own Laura Brown for being selected to represent Canada at the Pan American Road and Track Cycling Championships in Chihuahua, Mexico, July 23-30. Venga Laura!

Race Reports

Tour de Delta - BC Cup #5 - Delta, BC - July 10-12

Laura started off the three-stage Tour de Delta with a bang when she took top honours in the exciting 3km Cat 1/2 women's Prologue time trial with a significant 5s lead. She then went on to place a solid 8th in the criterium and 14th in the road race to finish 4th overall in the GC to hold onto that stylin' BC Cup leader's jersey. Chelsea's highlight of the weekend was an impressive 4th place in the road race, despite the very dominant Jazz Apple Cycling Team from New Zealand running the show. Shani rode consistently all weekend to secure a top-20 in the GC. LRR also fielded a stacked Cat 3/4 men's team for the criterium. Roy took a chance and went with the decisive move, jumping in with the winning breakaway. He was unable to maintain the blistering pace, however, and lost touch with the escapees with only minutes left in the race. He settled for 13th, with Ryan taking 20th, and Andrew snagging 30th.

The kid's race in Delta was an exciting one for LRR, with Maggie, Kaelen, and Connor ripping up the track. Connor put it all on the line out there, while Kaelen made her debut sans training wheels - both had the crowd roaring for them all the way. Maggie took an early lead in the 9+ race, but had to settle for second when an older boy passed her in the last 100m - she won't let that happen again!

Yaletown Grand Prix - BC Cup #4 - Vancouver, BC - July 1

Canada Day provided the perfect celebratory atmosphere for the Yaletown Grand Prix criterium in Vancouver with a great turnout from LRR. Roy rode a great race to secure 4th in the Cat 3 men's competition, but didn't have enough left in the tank to duke it out at the front of the Masters 30+ field later. Laura maintained her BC Cup lead with a 5th place ride in the Cat 1/2 women's criterium, while team mate Chelsea took 13th. Mike had a tough ride with the big boys in the Pro 1/2 men's field. Jeanine secured a top-10 in the Cat 4 women's race, while Marie also had a good go of it on her pink Giant. Ryan faced some stiff competition in the Cat 4 men's race.

BC Bike Race - North Vancouver to Whistler, BC - June 28-July 4

The Local Ride/Pedal Mag team of Sandra and Steve had an unforgettable time at the 2009 BC Bike Race, which took them on a seven-day mountain biking extravaganza with huge helpings of the world's best singletrack from North Vancouver to Whistler. They don't deny it was tough - Steve cracked ribs in a crash on Day 3, and with Sandra's unfortunate combo of flesh wounds from a wipe-out during the Test of Metal and perpetual nausea, it was a battle of mind and body. Nothing could hold this tenacious, trail-loving duo back, and they finished 4th in a competitive field of talented and experienced mixed teams. Thanks to our fabulous friends at BCBR for a great adventure, and Gu, Sportique, Maxxis, elete, FinishLine, Local Ride Bike Shop, Barry, Jean Ann, Ryan, Dave, Marie, and Jeanine for the support. Read daily reports on www.pedalmag.com and check out the Garmin data at www.localride.ca! Sandra and Steve had a blast and are already talking about making 2010 even better - registration is now open at www.bcbikerace.com!

Upcoming Races - Cheer us on!

July 17-19 - Tour de White Rock - White Rock, BC

July 23-30 - PanAm Champs - Chihuahua, Mexico

July 19 - Team Whistler BC Cup XC #4 - Whistler Olympic Park, BC

July 25 - Sidney Twilight Criterium - BC Cup #5 - Sidney, BC

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